

Honoring & Supporting Our Spiritual Wellness During Times of Crisis: The Diverse Personal, Cultural and Spiritual Experiences of Mental Health Consumers

Thursday, May 10, 2012 -- 2:00 p.m. Eastern time (1:00 p.m. Central Time, noon Mountain Time, 11:00 a.m. Pacific Time)

This workshop is for those with lived experience. Join participants from the STAR Center's [Workshop on Multicultural Competence, Intense Spiritual Experiences and Mental Health](#) in exploring how culture and spirituality contribute to recovery and wellness, and what helps spiritually when one is in crisis. [Self-Help, Peer Support and Service Provider Technical Assistance Tool Kit](#) author Laura Mancuso will be joined by Workshop and Tool Kit contributors Can Truong, Gitane Williams, Jimi Kelley and Catherine Quinerly in a discussion with teleconference participants. This call is intended for those with lived experience of mental illness who are interested in exploring how spirituality, culture and mental health have intersected in their own lives during times of emotional or mental crisis.

Register online [here](#) for the May 10 teleconference. You will receive a confirmation email with call-in information.

<https://www.surveymonkey.com/s/96ZDCRQ>